



Relaxation & Sedation

NITROUS OXIDE

WHAT IS N2O AND HOW IS IT ADMINISTERED?

Often referred to as “laughing gas”, N2O is a very safe and effective technique to reduce anxiety. It is given with the use of a scented “nose” that carries oxygen mixed with nitrous. The patient is asked to breathe through their nose and will sense a faint, sweet smell. The patient will be awake during the entire procedure and may have a “happy” feeling. Once the procedure is complete, the N2O is turned off and the patient will breathe pure oxygen. Although Nitrous effects the body rapidly, it is easily reversible; therefore, patients are quick to recover.

WHY IS NITROUS OXIDE RECOMMENDED?

As mentioned above, N2O reduces anxiety. It also decreases gag reflex, makes time go faster for the patient, increases pain tolerance and offers little to no recovery after a procedure. Patients are typically able to resume normal activities quickly.

VISTARIL

WHAT IS VISTARIL?

Vistaril is an antihistamine in the same medicinal family as Benadryl. Using vistaril is not considered a true sedation but does help relax the patient. Patients may get drowsy but are easily awakened.

Dosage is determined by weight of the patient and is administered one hour prior to the procedure in liquid or tablet form.

WHY IS VISTARIL RECOMMENDED?

Relaxation. It also prevents vomiting, allows a child to sit still longer and dries the tongue and mouth allowing the dentist to easily navigate throughout the procedure.

Dr. Mike | Dr. Will

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Sedation Methods

WHAT IS CONSCIOUS SEDATION?

Conscious Sedation is the use of medication to make your child very calm for a procedure, but not sound asleep. Your dentist will recommend which type of conscious sedation may be best for your child.

VALIUM & TRIAZOLAM

Valium and Triazolam are used for patients with increased fear and phobias or extensive treatment needs. These medications relieve anxiety by creating a calming effect and a more cooperative patient with less movement. These medicines will not put a child to sleep in the doses we prescribe but it can cause drowsiness and the patient to become off-balance. Parents are asked to monitor their children closely after ingesting these medications.

Both medicines are given in office one hour prior to procedure in pill form but can be crushed and mixed with applesauce or pudding to help children swallow the proper dosage. Children are asked to “take it easy” after taking this medicine.

VERSED

Versed is in the Valium family and is used for similar anxiety issues as described above. The main difference is Versed is used for short, quick appointments/procedures and has an increased amnesic effect. The effects of Versed do not last as long as Valium or Triazolam.

TREATMENT USING VALIUM, TRIAZOLAM, OR VERSED

A Dental Assistant and Doctor will accompany your child during the entire procedure. A pulse oximeter and precordial stethoscopes are used to monitor your child if they fall asleep.

To increase comfort, he or she can select a movie to watch during the procedure. We also have a quiet, cozy recovery room for your use before, and if needed, after the completion of the procedure.

Instructions for care will be given before and after the appointment. We also have an on call doctor at all times if you have a concern with your child’s recovery.

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Sedation Methods

IV SEDATION

WHY IV SEDATION?

Sometimes a child needs to be unconscious in order for the dentist to safely complete the necessary treatment. IV Sedation puts your child to sleep but still allows your child to breath on their own and is recommended in the following scenarios:

- A patient can't relax or calm down enough for treatment to be preformed safely
- Needs a lot of dental work over a long appointment time

Our Treatment Coordinators will walk you through the IV checklist as well as the proper preparation the day of the appointment. An Anesthesiologist is available to answer any questions prior to your appointment. This same Anesthesiologist will deliver the medicines and monitor your child during the procedure and will be available for consultation when the treatment is complete.

HOW IS YOUR CHILD MONITORED DURING AN IV SEDATION PROCEDURE AT KIDS TEETH?

As described above, a Dental Assistant and Anesthesiologist will accompany your child during the entire procedure. A pulse oximeter, capnography and precordial stethoscope will also be used to monitor the patient.

We also have a quiet, cozy recovery room for your use after the completion of the procedure.

Instructions for care will be given before and after the appointment. We also have an on call doctor at all times if you have a concern with your child's recovery.

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